

**Mental Health Board Minutes**  
**San Luis Obispo County**  
**July 18, 2012**  
**3:00 to 5:00pm**  
**2180 Johnson Ave.**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Tyler Brown  
Joyce Heddleson  
Lisa Kelley  
Kelly Kenitz  
Theresa Merkle (*CenCal Health*)  
Charmaine Quinlan  
David Riester

**GUESTS:**

John Byers (TMHA/PAAT)  
Client Weirick, D/AS, Chair  
Simon Lowrie, Parent of consumer  
Martin L. Meltz, Ph.D.

**MEMBERS AND ALTERNATES ABSENT:**

Pam Crabaugh  
Karl Hansen  
Jill Heuer  
Lorna Hewitt  
Stephan Ponce  
Vicki Shelby for Frank Mecham  
David Odell  
Jim Salio

**MENTAL HEALTH STAFF PRESENT:**

Karen Baylor  
Azarm Ghareman, PQI, MH  
Teresa Pemberton, D/AS  
Jennifer Rhoads, D/AS, FNL

1. **Meeting** was called to order @ 3:00 pm by David Riester.
2. **Introductions and Announcements:**
  - Lisa Kelley, NAMI, announced the Beautiful Minds Walk at Laguna Park on October 6<sup>th</sup> beginning at 9:00am. Come join us, it's a great time!
  - It was announced by David Riester that there will be no meeting in August.
  - Frank Warren had posted the MHSA Annual Update for a 30-day review. The Board of Supervisors approved the plan.
3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. One citizen spoke about the issues he encountered with his son being released from jail and the family not being notified.

Based upon the information provided, Kelly Kenitz explained that their son was more than likely given a temporary release (3-days) This type of release is given to inmates for family emergencies and for preparatory return to the community. Although the inmate is not physically in custody their name is still held in the computer system until the person is time served. The Sheriff's Office is aware of this issue and looking for alternatives. Kelly also discussed other forms of early release such as Sheriff's Parole and PC 4024.1 – Five-day early releases to help ease overcrowding. Most inmates are now earning ½ off their sentence for good time/work time.
4. **Action Item Re:** June 20, 2012, meeting minutes were reviewed and followed by motion of approval by Joyce Heddleson and seconded by Charmine Quinlan and unanimously approved by the Board. (MSC: Heddleson/Quinlan)

5. **Presentation:** PQI – Performance and Quality Improvement, Azarm Ghareman, Ph.D.  
Azarm distributed and explained the functions of “Performance and Quality Improvement department (PQI). Presentation attached.
6. **Presentation:** POEG, Teresa Pemberton, D/AS. Teresa showed her Emmy award winning video featuring what POEG is and does,”Perinatal Outpatient Extended Group (POEG).” This is a program that helps young mothers get back on their feet after substance abuse, or returning to home and getting their children back.
7. **Presentation:** Friday Night Live, Jennifer Rhoads, D/AS  
Jennifer distributed literature and discuss programs that Friday Night Live offers. The Friday Night Live program promotes a healthy youth life-style free of alcohol, tobacco, and other drugs. FNL focuses on environmental prevention, leadership development and peer substance abuse. Other programs offered through FNL, ie: Student Assistance Programs; Preventive Health Grant Outreach; MHSA/Innovation; MHSA/PEI Contacted Programs; Friday Night Live programs, Club Live, DFC – Cal Poly FNL High Schools involved in FNL programs are Shandon, Paso Robles, Templeton, Atascadero, Morro Bay, San Luis Obispo, Arroyo Grande and Nipomo high schools. FNL Middle Schools (Club Live) are: Shandon, Lillian Larsen, Pleasant Valley, Flamson Middle School, Lewis, Atascaderop Jr. H.S., Santa Lucia, Cayucos, Los Osos, Laguna, Judkins, Paulding and Mesa Middle school.
8. **Director’s Report – Karen Baylor**
- Karen reported that the BOS approved the MHSA Annual plan.
  - The Mental Health Executive Board and the Drug & Alcohol Services Advisory Executive Committee will meet at the end of the month to discuss combining both boards.
9. **Committee Reports:** Due to presentations running over, we did not have time to update on all committee reports.
- Forensic Services – no report.
  - Legal Services – no report.
  - Adult Services – no report.
  - Children Services - no meeting.
  - Adult Services Policy Council – no report.
  - Executive Committee has suggested to review the goals and objectives for the Mental Health Board and discussion of sub-committees at the September and October meetings.

*There will be no meeting in August. The next Mental Health Board meeting will be Wednesday, Sept. 19, 2012, 3:00pm – 5:00pm on the 2<sup>nd</sup> floor of the Health Campus.  
Jane Ahlquist*